Our goal for Discipleship Triads is that you would grow in your faith and in community as you consistently meet, pray and study together.

Sample Schedule and Guidelines

While we don't want to dictate how your group operates, we have provided you with approximate times for each section. Here are some suggested guidelines.

- Make sure everyone has an opportunity to speak and be heard.
- Be respectful of each other listening and encouraging one another. (Don't try to "fix" each other)
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Extraordinary Joy: Introduction

Catching Up (10 Minutes)

Catch up with each other from last time you were together. And open with prayer.

Opening Question (5 Minutes)

Has anyone ever asked you why you believe what you believe? How did you respond?

Watch Extraordinary Joy Introduction (10 Minutes)

Questions (30 Minutes)

Head - Kelly said that no country is 'more messed up' than another. Think about our country, what are the specific challenges faced here? How can the gospel be the solution here?

Heart - Are you aware of an aspect of your Christianity that has been head knowledge but not heart knowledge? In other words, can you think of something you say you believe, but that you've never truly internalized? What has prevented you from doing so?

Hands - Is there an area of your life where you have been relying on your own wisdom and not the Lord's? How can you seek him in that area of your life this week?

Pray for One Another (10 Minutes)

Going Deeper

Study: I Timothy 2:1-8; Colossians 4:2-6; Romans 10:1-4; II Peter 1:1-9; Proverbs 9:10-12

Memorize: Proverbs 3:5

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Extraordinary Joy: Brokenness

Catching Up (5 Minutes)

Catch up with each other from last week. And open with prayer.

Opening Question (5 Minutes)

Has anyone ever broken something that belongs to you? What's your typical response when someone breaks something you love?

Watch Extraordinary Joy: Brokenness (15 Minutes)

Questions (25 Minutes)

Head - What are some common misconceptions about suffering? Have you found yourself thinking about or believing any of these falsehoods? What might you do to guard against those thoughts?

Heart - What does our suffering have to do with God's glory? What is the 'good' God promises always to extract from the brokenness or hardships we experience (Romans 8:28-29)?

Hands - What are some of the aspects of the world's brokenness that break your heart? How can you give these griefs over the Lord while also personally fighting against brokenness in our world?

Pray for One Another (10 Minutes)

Going Deeper

Study: Philippians 1:27-29; Jeremiah 29:10-14; Romans 8:28-31; Isaiah 43:1-4; John 16:20-24, 33

Memorize: Psalm 34:18

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Extraordinary Joy: Grace

Catching Up (5 Minutes)

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Opening Question (5 Minutes)

Have you heard any "random-act-of-kindness" stories? Have you shown anyone undeserved kindness lately?

Watch Extraordinary Joy: Grace (15 Minutes)

Questions (25 Minutes)

Head - Do you agree that the way we view our sin directly determines our perspective of God's grace?

Heart - Where have you recognized that your identity, sense of self-worth, or even happiness is based on others' approval or on your measurable success?

Hands - Can you tell the story of someone coming to know Jesus because of an outpouring of grace from those around them? Is there a way you can show grace to someone this week?

Pray for One Another (10 Minutes)

Going Deeper

Study: Romans 3:23-24; Philippians 4:4-14; Hebrews 4:14-16; II Peter 3:8-10; Ephesians 2:1-10

Memorize: Romans 6:14

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Extraordinary Joy: The True Gospel

Catching Up (5 Minutes)

Catch up with each other from last week. And open with prayer.

Opening Question (5 Minutes)

What is your typical response when receiving good news?

Watch Extraordinary Joy: The True Gospel (15 Minutes)

Questions (25 Minutes)

Head - According to Jesus, how is the culture of the Kingdom upside down to the culture of the world?

Heart - Have you had a situation recently where you've needed to remind *yourself* of the Gospel? How do you tell yourself the Gospel?

Hands - Are there cultural behaviors or customs that you allow to change your understanding of the gospel? How does that impact the way you live?

Pray for One Another (10 Minutes)

Going Deeper

Study: Romans 10:9-13; Psalm 135; I Corinthians 15:1-4; Matthew 6:19-34; Colossians 1:15-20

Memorize: John 14:6

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Extraordinary Joy: Obedience

Catching Up (5 Minutes)

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Opening Question (5 Minutes)

Which of the rules you are expected to obey in any area of your life do you find pointless?

Watch Extraordinary Joy: Obedience (15 Minutes)

Questions (25 Minutes)

Head - What gave Jesus credibility with His hearers, friends, and followers?

Heart - Do you see a connection between your understanding and experience of God's love and your desire to obey Him?

Hands - What is an area of your life where you are struggling to obey God? What makes it so hard to obey in this area? What makes it easy to disobey?

Pray for One Another (10 Minutes)

Going Deeper

Study: Luke 6:46-49; John 14:15-24; Psalm 143; John 15:1-17; I John 5:1-5

Memorize: Luke 11:28

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Extraordinary Joy: The Holy Spirit

Catching Up (5 Minutes)

Catch up with each other from last week. And open with prayer.

Opening Question (5 Minutes)

What does the Bible teach about the power, presence, and person of the Holy Spirit? Does the work of the Holy Spirit depend on your mood?

Watch Extraordinary Joy: The Holy Spirit (15 Minutes)

Questions (25 Minutes)

Head - Do you think people can produce the attributes of the fruit of the Spirit without knowing God?

Heart - How might you explain to someone the joy you've found in the Lord despite painful circumstances?

Hands - Is there an area of your life where you need to rely more on the Spirit's power to be more self-disciplined and loving?

Pray for One Another (10 Minutes)

Going Deeper

Study: Galatians 5:16-24; II Timothy 1:6-12; John 16:7-14; Philippian 4:11-14; I Corinthians 2:6-13

Memorize: Titus 3:4-5